

SEMEN COLLECTION PROCEDURE FOR POST VASECTOMY
Pocono Medical Center Laboratory

1. Follow doctors initial instructions.
2. Specimen is to be collected at home by masturbation. (Facilities are not available at Pocono Medical Center).
3. Entire specimen is to be collected into a special plastic specimen container available from the laboratory. (Use of a condom or lubricant is unacceptable).
4. Label sample with patient's name and time and date of collection.
5. Specimen must be brought to the laboratory within one hour of collection.
6. Specimen must be kept warm, next to the body. No artificial heat is to be applied.
7. Specimen is to brought to Central Registration during the hours of 7:00am to 6:00pm, Monday through Friday (No holidays). If another time is desirable, arrangements must be made with the laboratory ahead of time.